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## **Physician Speaker Prep**

1. Review Physician Speaker 3-Point Outline below.
2. Review Student Speaker Prep page for Student Prep Assignment.
3. Teachers will print the 2 handouts for students to have while you speak. Handouts & talking points on Physician Prep Page.
4. The Speaker map on website will have each schools address & for event day. Use this map to find your destination.

### **Physician Speaker 3-Point Outline**

#### **#1. Storytelling**

A. Share your personal career path story:

- *Why* you entered medicine.
- *How* you entered medicine.
- *A few points* in your career path relevant to your students.

B. Include one behavior pattern you see in yourself in response to stress.

- Complete students' prep assignment (takes 2 min!) as a guide of how to share.
- The intent is to role model self-awareness as a tool to Mental Health wellness.
- **Reduce Stigma:** You are successful *and also* have stress factors in your story. Share this truth to foster destigmatization.

#### **#2. Follow-up Questions for Students**

**Q1:** What is one health career that looks interesting to you on the careers entry diagram? What is one thing you can do now to explore that healthcare career? (*Mi Futuro is one exploration. Registration opens October 1<sup>st</sup>!*)

**Q2:** Tell me the difference between a "low-entry" and "advanced-practice" healthcare profession.

**Q3:** What is one behavior you see in yourself from the Mental Health Awareness assignment...and an example scenario?!

#### **#3. Questions & Answers!**