



# MINORS AS IHSS PROVIDERS

⇒ Minors 12 years and older, with a valid work permit, can serve as IHSS providers under certain conditions as long as they comply with California labor law. Work permits can be obtained through his/her school by completing the “Statement of Intent to Employ Minor and Request for Work Permit” form. After obtaining the Recipient’s (as the employer and supervisor) and minor’s parent or legal guardian’s signature the school can issue the “Permit to Employ and Work”.

## General Rules for employing a Minor

### **12-13 years old:**

- May provide limited domestic services (house cleaning, laundry)
- May not provide cooking or food preparation
- May work during school holidays and vacations (which includes weekends)
- Daily and weekly limits set by school district

### **14-15 years old:**

- May provide cooking and meal preparation with adult supervision
- May work three hours per day on school days, before or after school hours and 8 hours on any non-school day
- May work a maximum of 18 hours per week

### **16-17 years old:**

- May provide cooking and food preparation unsupervised
- May work four hours per day outside of school hours, 8 hours on any non-school day
- May work a maximum of 48 hours per week



For more information on child labor please review the Child Labor Laws at  
<https://www.dir.ca.gov/dlse/childlaborlawpamphlet.pdf>