

Workshop E Speaker Bios:

Peer-to-Peer: Self-Care & Suicide Prevention

***Testimonios Youth Promotores* with Gemma Bolanos,
Testimonios Project Program Coordinator, Latino Service
Providers**

Gemma Bolaños

Gemma Bolaños was born and raised in Santa Anita, Jalisco. At the age of eleven, Gemma migrated to the United States with her mother and two siblings. Gemma graduated from Sonoma Valley High School and later attended Sonoma State University in where she obtained a Bachelors of Arts in Criminology and Criminal Justice. Her experience includes working with at risk-youth, doing outreach and being an ambassador for Sonoma State University. Gemma has also worked with various non-profit organizations in Sonoma County, which have provided her with a broader knowledge of the various services that are available to members of the community. Gemma worked as a program instructor for the Girl Scouts “Got Choices” program at Los Guilicos Juvenile Hall and Sierra Youth Center. She also served as an Intern for The Sonoma County Pretrial Services Office. She aspires to obtain a Masters in Behavioral Health and become a Probation Officer in the near future.