

Workshop C Speaker Bios:

Mentors & Internships: Why they help you. How they guide you.

Daniela Dominguez, Assistant Professor and MFT Program Coordinator, University of San Francisco Santa Rosa Campus; Kristin Dempsey, Psychotherapist, Trainer and Faculty, Wright Institute Masters in Counseling Program

Kristin Dempsey

Kristin Dempsey is a Psychotherapist, trainer and faculty at the Wright Institute Masters in Counseling Program. She is a Marriage and Family Therapist (MFT) and Licensed Professional Clinical Counselor. Kristin has worked as a clinician specializing in the treatment of dual diagnosis (mental health and substance issues) and later oversaw quality improvement efforts to integrate mental health and substance abuse services for San Mateo County Behavioral Health and Recovery Services. She has clinical experience in treating alcohol and other drug issues, trauma, adolescent, child and family treatment, and issues related to women's health and pregnancy counseling.

She has management experience in overseeing work at school based mental health teams and managing a high-volume family planning clinic. She has worked as a trainer in women's health care as well as in the field of behavioral health. Kristin is a member of the Motivational Interviewing Network of Trainers, is a master trainer for Applied Suicide Interventional Skills Training and trains on the Neurosequential Model of Therapeutics. She educates extensively on trauma informed care, client-driven case management, addictions, co-occurring conditions, and behavioral/cognitive behavioral therapy. Currently, she teaches in graduate counseling programs at San Francisco State University.

Daniela Dominguez

Dr. Daniela Domínguez obtained her Doctorate in Counseling Psychology degree from Our Lady of the Lake University. She is a licensed psychologist, licensed clinical counselor, and author of several articles in academic and scientific journals. She has a special interest in social justice concerns, bilingual/bicultural training, multiculturalism, human sexuality, and immigration issues.

Her program of research examines how individuals navigate their multiple sociocultural identities and she is particularly interested in understanding how minority populations cope with interactive oppressions (i.e., racism/heterosexism/sexism/classism) based on their multiple social identities. As a mental health first responder, Dr. Domínguez has provided counseling services to families impacted by hurricane Harvey, the 2017 wildfires in Sonoma County, the 2017 earthquakes in Mexico, and the current administration's 'zero-tolerance' immigration policy. In addition, she has a history of providing counseling and therapy services in a variety of settings, including a community clinic, a child guidance center, a detention facility, a rape crisis center, a homeless shelter, two university counseling centers, as well as her own private practice.