

***Mi Futuro* Youth Healthcare Symposium**

January 11, 2019

Emcee: Elizabeth Camacho, SSU Pre-Nursing Student
Co-Founders/Co-Chairs: Wanda Tapia & Musetta Perezarce

| Time | Focus/Activity | Location |
|-------------|--|------------------------|
| 9:30-10:30 | Discovery Center, Operating Room Photo Booth, Registration | Ballroom |
| 10:30-10:40 | Compassion Activity: Dr. Ellen Barnett, Integrative Medical Clinic of Santa Rosa | Ballroom |
| 10:40-10:45 | Welcome: Elizabeth Emcee Voice of Nursing & Compassion: Vicky Locey, Chief Nursing Officer Kaiser | Ballroom |
| 10:45-11:00 | Event Day Agenda & Community: Co-Chairs Wanda & Musetta | Ballroom |
| 11:00-11:15 | Compassion Award | Ballroom |
| 11:15-11:45 | Keynote Speaker: Belinda Hernandez-Arriaga | Ballroom |
| 11:45-12:30 | Lunch & Exhibitors | Ballroom |
| 12:30-12:40 | Kahoot Lightning Trivia!: Elizabeth Emcee & LaCrystal, MSW | Ballroom |
| 12:40-12:45 | Transition: Walk to Workshops & Med Tracks: 1st Session | |
| 12:45-2:15 | Workshops: 1st Session | 2nd Floor, Student Ctr |
| | Med Tracks: 1st Session | Everest Basketball Gym |
| 2:15-2:20 | Transition: Walk to Workshops & Med Tracks: 2nd Session | |
| 2:20-3:50 | Workshops: 2nd Session | 2nd Floor: Student Ctr |
| | Med Tracks: 2nd Session | Everest Basketball Gym |
| 3:50-4:00 | Post-Eval in Workshops & Med Tracks | Workshops/Med Tracks |
| 4:00-4:05 | Transition: Walk to Ballroom | |
| 4:05-4:15 | Raffle Prizes: Exhibitor Passport & Evaluations! | Ballroom |
| 4:15-4:30 | Ballroom Student Debrief: | Ballroom |
| | #1) New information learned? #2) New career interest? | |
| | #3) Meet a few people you might want to be like? | |
| | #4) And Compassion? New experience with Compassion? | |
| 4:30-4:35 | Close: Co-Chairs Wanda & Musetta | Ballroom |
| 4:35-4:45 | Transition: Walk to Buses | |
| 4:45 | Buses Leave | Parking Lot E |

WORKSHOPS

The Valley Meeting Rooms
2nd Floor Student Center
Turn right at stairs, workshops on the left

Bennett Valley Room
Workshop F:
Create Confidence &
Positive Changes

Dry Creek Room
Workshop E:
Peer-to-Peer Self-Care
& Suicide Prevention

Sonoma Valley Room
Workshop D:
Career Pathways

Russian River Room
Workshop C:
Mentors & Internships

Alexander Valley Room
Workshop A:
Money & College

The HUB
2nd Floor Student Center
Across from Student Activities Desk

The HUB
Workshop B:
Medicine for the Whole Person

MED TRACKS

Everest Basketball Gym

Med
Track
#2

Med
Track
#1